

Coleen Nolan has been having the time of her life strutting her stuff with her sisters in front of cheering, sellout crowds on The Nolans' 30th anniversary tour. Now after all that excitement, could she be ready to quit *Loose Women*?



Grinning from ear to ear as she takes her bow with her sisters Bernie, Linda and Maureen, soaking up the delirious applause of thousands of fans, Coleen Nolan has the look of someone who never wants this to stop.

"I've dreaded it ending," she says. "I've tried to drink it all in, and it's a fantastic way to finish if this really is it. But if somebody told me today they had extended this tour by another two or three months, I'd be delighted to continue doing it."

Loose Women fans will be hoping that one of their favourite panellists is ready to return to her day job. Coleen has barely been on the lunchtime show since the tour began and even missed one scheduled appearance.

"With *Loose Women* it wasn't that I didn't turn up," she says. "We just had to reschedule after I was laid low with a bug that my husband Ray and I caught off our daughter Ciara. We were really ill. Ray was projectile vomiting in the wings between songs and I was being sick into a bin bag. So glamorous!"

"I love *Loose Women*, but I've been really enjoying this other aspect of my career. I'm not sure whether I'll have to make some big decisions career-wise

in the New Year but I'm always open to new challenges."

Coleen admits the pressures of juggling jobs have got to her over the past couple of months.

"I am tired and I was a bit down," she says. "It's been nice having Ray with me a bit more. He gets very protective of me when things are not going well. But I'm not in complete meltdown just yet!"

"The girls have been laughing about it so I've been playing up to it. Every time one of them asks me for a cup of tea I say, 'Sorry, I can't. I'm having a meltdown.'" It's no surprise she feels in need of a rest. The Nolans' show has been a two-hour dancing extravaganza. And the tour has also played havoc with her diet.

"Food is just a nightmare on tour," she says. "You tend to eat rubbish at fast-food services. But we've been having a good couple of hours workout on stage every night. I've always said you can eat a lot more if you exercise, so I think we've all lost weight."

And what will she be doing with the two precious days she has off before Christmas? "I'll be asleep in front of the telly," she says. "I won't even get dressed or put make-up on. I'll just veg out, watch the live DVD of our show and wonder how we were so energetic!"

Coleen has loved being back on stage with her sisters in their two-hour extravaganza



FEATURE: PAUL SIMPER PHOTOS ALPHA; IMAGES INTERNATIONAL



Husband Ray has eased the pressures of being on the road for Coleen



It's been a family affair with Coleen's sons Jake and Shane supporting The Nolans

COLEEN'S

NEW LIFE WITHOUT

LOOSE WOMEN

The Nolans' open their all-singing, all-dancing show surrounded by frisky male dancers



THE NOLANS LIVE

They promised to deliver the ultimate girls' night out with their *I'm In The Mood Again* tour and by golly they did. Now, have the ultimate girls' night in with this two-hour DVD of the show as The Nolans let rip with their own hits and some barnstorming covers – Coleen doing Alesha's *The Boy Does Nothing* with a broom, and the show's ultra-camp opening *Holding Out For A Hero* with their frisky male dancers are particular highlights. Out now!

