



Look younger for longer

» with anti-ageing expert **Lesley Reynolds Khan**

Lasers for eye bags?

Q I recently heard something about removing eye bags with lasers. Can you tell me more, and does it work?

PS, by email

A Many surgeons now use laser or radio frequency to reduce bags. SmartXide DOT, a laser treatment, can help tighten and firm bags. Expect a few days' redness. It costs from £250 a session and you may need up to three sessions. I also like Facetite, a radio frequency treatment that melts fat so it can be suctioned off. Expect swelling and up to three weeks' downtime. Prices start at £1,500. Call Wigmore Medical on 020 7491 0150 for info.

Make-up that really stays put

Leading semi-permanent make-up artist Tracie Giles* has reported a 40 per cent rise in lip treatments and a 22 per cent increase in eyebrow tattooing. At my clinic, we're also noticing more and more enquiries about these treatments, where make-up is tattooed on to the skin using a super-fine needle. The latest techniques create a natural effect that can last up to five years (prices from £400). See someone who's been recommended or has lots of before and after photos of his/her work.



Semi-permanent make-up can help define eyes and lips

PICTURES GETTY, LFI. *WWW.TRACIEGILES.CO.UK



Cheap thrill!

Boots Extracts Almond Body Scrub, £7.92, smells divine and leaves skin perfectly polished, nourished and soft, thanks to Fairtrade shea butter and almond oil.



» MY PRESCRIPTION FOR... problem-solving masks

BLEMISHES
No7 Purifying Sauna Mask, £11.50 (Boots)

Heats on contact with water to open pores and contains pumice particles to remove dirt and impurities.



OILY COMPLEXIONS
Avon Solutions Complete Balance Clay Mask, £5

Clay masks are ideal as they soak up excess sebum and will tighten enlarged pores.



DULLNESS
Superdrug Mud Therapy Raspberry Exfoliating Mask, £1.95

Raspberry seeds and apricot kernels slough away dead skin cells to help brighten skin.



DRY SKIN
Harley Street Skin Rejuvenating Mask, £30.75

Anti-ageing, hydrating and soothing, thanks to hyaluronic acid, aloe vera and chamomile.



» CELEBRITY CLOSE-UP

» Elle Macpherson, 47

Elle looks amazing and at least 10 years younger than her actual age. But she has a lack of expression in her upper face, which could be down to anti-wrinkle injections. Her neutral make-up makes her complexion glow and her thick hair is likely to be down to generous hair extensions – although I think she could afford to go a little more natural.



Elle could easily pass for a 30-something

» Lesley is an anti-ageing expert for the Harley Street Skin Clinic (www.harleystreetclinic.com) » If you have a burning beauty question you need answered, email asklesley@hearst.co.uk