



Look younger for longer

» with anti-ageing expert **Lesley Reynolds Khan**

Could this mask erase your wrinkles?

It may look like something out of *Star Wars*, but this futuristic mask is actually Superdrug's latest anti-ageing weapon. New at selected branches, it emits a special red light, said to firm skin painlessly (£45 for 20 mins). But will it work on wrinkles? LED light therapy, as it's known, is shown to boost elastin and collagen to rejuvenate skin. But much of the evidence for its youth-boosting abilities has been collected using very powerful lights. It's unclear if this mask is strong enough to give similar results, but for a quick skin boost, it's worth a try!



» FIX MY DARK CIRCLES!



Q I have dark rings around my eyes – what can I try?
LH, by email

A Certain products can improve skin quality to make dark circles less visible, look out for ingredients like retinol and co-enzyme Q10. Creams with brightening pigments are also a good instant fix. Treatment-wise, Pellevé uses radio frequency to rev up collagen production. It costs from £500 per session (020 7436 4441).



Roc Complete Lift Anti Dark Circle Eye Cream, £21.50

» CELEBRITY CLOSE-UP

» Faye Dunaway, 70

Faye is in great shape. I'd guess she's had 'work', but it's so well done that it's hard to say what. Her hair is a little over the top, but what the hell, she looks gorgeous!



» Lesley is an anti-ageing expert for the Harley Street Skin Clinic (www.harleystreetclinic.com)
» If you have a burning beauty question you need answered, email asklesley@natmags.co.uk

Cheap thrill

Nivea Visage Pure and Natural Moisturising Day Cream £5.10
Kate Middleton was spotted buying this at Boots. Containing hydrating argan oil, it's definitely fit for a princess!



» My prescription for...

SUMMER-PROOF MAKE-UP!

ALL-DAY EYE MAKE-UP

Avon Extra Lasting Eyeshadow Stick, **£7** and Waterproof Mega Impact Gel Eyeliner, **£6** (out 14 July)
Avon's formulas are impressively long-lasting, so stock up on these great buys.



STAY-PUT LIPSTICK

No7 Stay Perfect Lipstick, **£10**
Fabulous summery shades, great eight-hour staying power and non-drying. One of my beauty staples!



NO-SMUDGE MASCARA

Lancôme Hypnôse Drama Waterproof Mascara, **£20.45**
My favourite – adds tons of volume to the tiniest of lashes and is totally splash-proof.



LASTING FOUNDATION

Estée Lauder Double Wear Mineral Rich Loose Powder Makeup SPF12, **£25.50**
Mineral make-up is ideal for hot weather as it doesn't melt and absorbs oil. This will look good for 12 hours.

