



Look younger for longer

» with anti-ageing expert **Lesley Reynolds Khan**

Find me a foundation

Q I am 65 with lots of blemishes. I need a foundation to cover them over and even out my skin. Can you recommend one that looks natural and comes in very light shades?
Patsy, Bournemouth

A I'd recommend a good quality 100 per cent mineral foundation – it will help conceal blemishes and make skin look airbrushed. Harley Street Skin Pressed Foundation, £35, comes in 12 shades. Or, on the high street, try Une 100% Mineral Foundation, £9.99, available in six shades.

Harley Street Skin Pressed Foundation, **£35**



Une 100% Mineral Foundation, **£9.99**

£10 Bargain beauty breakthrough

A new skincare range at Superdrug is flying off the shelves with one sold every five seconds. The day, night and eye cream use stem cells from a rare Burgundy grape that's known for its resistance to the sun's rays and its super-high antioxidants. These help skin fight sun ageing and make it look smoother – in just four

weeks. What I like most is that it has the latest skin science but starts at just £9.99. Impressive, when you consider a similar product is on sale at Harrods for more than £300!



Optimum Super Antioxidant Grape Eye Cream, **£9.99**, Day Cream, **£12.99** and Night Cream, **£12.99**, all Superdrug

» MY PRESCRIPTION FOR... keeping a tan

» USE A GENTLE WASH

Avoid harsh shower gels – a milder version will stop sun-parched skin drying out further and making your tan look flat. Naked Starflower Body Wash, **£4.07**, has essential fatty acids to improve your skin's protective barrier.



» SCRUB UP

Three times a week, use a body scrub to remove dead skin and help your tan fade evenly. Weleda's Birch Body Scrub, **£8.95**, is ultra-effective.



» TOP UP YOUR GLOW

Palmer's Cocoa Butter Formula Natural Bronze Body Lotion, **£5.09**, has a touch of self-tan to ensure you keep that golden glow and help skin stay hydrated too.



» ENHANCE AND ILLUMINATE

Freshen an old tan with a generous application of Burt's Bees Radiance Body Lotion, **£9.99**. The light reflecting particles will give skin a gorgeous sheen.



Cheap thrill!

Johnson's 24hour Moisture Radiance Hand Cream, **£2.09**. With shea and cocoa butters, this sinks in instantly and knocks years off your hands.



» CELEBRITY CLOSE-UP

» Katie Price, 33

It's no secret that Katie's a fan of Botox. Her cheeks and lips look very plumped up, suggesting she's had dermal fillers, too. I feel that her big blonde waves, huge lashes and heavy eye make-up suit her OTT image, but it's all starting to look rather dated.



» Lesley is an anti-ageing expert for the Harley Street Skin Clinic (www.harleystreetskinclinic.com)
» If you have a burning beauty question you need answered, email asklesley@hearst.co.uk

PICTURES GETTY:IPA