



Look younger for longer

» with anti-ageing expert **Lesley Reynolds Khan**

Boost your bum!

No ifs or butts, it's time to get that bottom in shape



Pippa's rear made front-page news

After all the attention Pippa Middleton's derrière has attracted, a shapely behind seems to be the accessory of the moment. Singer Katy Perry has admitted being injected with a bottom-boosting cocktail of vitamin B, antibiotics and steroids, but at my clinic, our Brazilian Butt Lift has been in serious demand. It involves harvesting regenerative cells from fat in the tummy and thighs to inject into the bottom to smooth it. Prefer to fake it? Try the Rear Lifting Boy Short by Naomi & Nicole, £26.50, www.shapewearolutions.co.uk.

» Lesley is an anti-ageing expert for the Harley Street Skin Clinic (www.harleystreetskinclinic.com). If you have a burning beauty question you need answered, email asklesley@natmags.co.uk

» CELEBRITY CLOSE-UP

» Kirstie Alley



Kirstie's face is youthful, but her hands show her age. Try wearing a high-factor sun block all year round and use hand cream with sun protection – and put Marigolds on to wash up!

No7 Protect & Perfect Intense Day Hand Cream, £11.50



» MY PRESCRIPTION FOR Youthful lips

REDUCE LINES

Jan Marini C-ESTA Lips, £44 Contains DMAE, which helps repair ageing around lips. Also protects, smooths and firms.



PLUMP YOUR POUT

Sally Hansen Lip Inflation, £6.12

This gorgeous gloss gives lips a boost and a hint of shine.



PREVENT 'BLEEDING'

Rimmel Exaggerate Automatic Lip Liner, £3.99 Lipstick can seep into the lines around the lips, but a good lip liner will help prevent this. This bargain buy is brilliant.



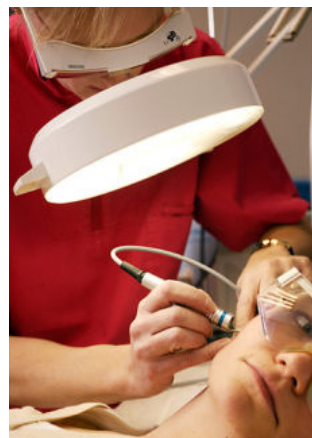
BOOST WITH FILLERS

Teosyal Kiss, from £300 (www.lifestyleaesthetics.com) The injectable filler's moisture-attracting hyaluronic acid adds lip volume and smooths lines. It lasts nine to 12 months.

Vein worries

Q I'm on a course of two laser treatments for facial thread veins. It's five weeks since my first treatment, but my veins look worse! What do I do? *WH, by email*

A Your thread veins shouldn't look worse after treatment. Ask your clinic for an assessment and seek a second opinion. Most people need up to four treatments to see a real difference.



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