

Patsy Kensit

The *Holby City* star is currently strutting her stuff in *Strictly Come Dancing*.

'I just look after my skin,' the actress, 42, has revealed. 'I would like to be pale and interesting, but I have to use a fake tan. I just make sure it doesn't look too orange.'

'Patsy looks exquisite with her dewy complexion and wide-eyed look,' says Lesley. 'She has naturally good bone structure and is excellent at looking after her skin. I give Patsy gentle revitalising facials, using vitamin C and powerful antioxidants.'

'Patsy always has a facial before her red carpet events and also uses StemCellution Serum and sunscreen which helps to keep her English rose look.'

Sherrie Hewson

Sherrie, 60, has been candid about caring for her skin and wanting to improve her look: 'Some days are better than others but I know there are pockets where there used to be muscle, or there used to be fullness.'

'Sherrie has had quite a bit of surgery,' explains Lesley. 'But surgery does not make your skin luminous, bright or youthful, it simply removes excess skin. Don't get me wrong, I'm not against surgery, but you need to look after your skin as well.'

'In the past we've given her Botox and fillers but now she favours the more natural look with facials and vitamin A masks and then we massage hyaluronic acid serums into the skin to keep it plumped and hydrated.'

Lisa Maxwell

The *Loose Women* star and actress looks much younger than her 46 years, though she admits she's considered surgery.

'I'm toying with the idea of getting the skin above my eyes done, but then I'll think that my eyes look young, but my jawline could use some help. Where do you stop?' she's said.

'Lisa always looks radiant and glowing,' says Lesley. 'Again this is a girl who's fastidious about her skincare routine.'

'Lisa has naturally dry skin, so I always do a deeply hydrating skin treatment, using antioxidant serums. She exfoliates regularly and uses an antioxidant daily moisturiser.'

'The celebs with the best skin really do take care of it and stick to a twice-a-day routine. They usually change their products with the seasons, adding more moisture during winter when the heating is full blast.'

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Denise Welch

Denise, 52, looks great for her age and admits she's had a little help, having had eyelift surgery. 'I just wanted to look fresher... I'm a great believer in little and often,' she said. 'It's not a desire to look younger, it's like a little bit of maintenance.'

'Denise has a cheeky, fun look and a youthful curve to her eyebrows,' says Lesley. 'This has been enhanced by muscle relaxing injections of Azzalure, which also smooths her forehead and frown lines. You can get the same glow as her from an enzyme facial.'

'She's had fillers in her cheeks to replace the lost volume that's inevitable as we age and to help retain her naturally high cheekbones. In general, fillers are great for removing under-eye tear troughs that make you look tired and help someone as busy as Denise to look perky.'

Tina Hobley

Tina Hobley, 38, has shown a healthy attitude to ageing: 'I'm getting older – there are lines around my mouth and I wouldn't rule out Botox at some point... But I don't lose sleep over it.'

'Tina's always been a good sunscreen user, so she has very little sun damage,' says Lesley.

'She has a hydrating facial with me whenever she has the chance. It brightens by using naturally occurring acids and leaves her skin dewy and fresh.'

'With her workload I encourage her to use a lightweight hydrating serum and to sleep with my Rejuvenation Mask on as often as possible.'

Gillian Taylforth

Gillian, 55, looks amazing for her age. 'I've never had Botox or any kind of surgery,' she says, but she isn't ruling it out. 'Never say never!' she's said.

'Before red carpet events I give Gillian a Naturepeel treatment – it uses salt to remove the dead skin gently. Then I infuse her skin with a peptide mask to give her that glow,' says Lesley.

'No sunbeds for Gillian – if she wants a tan we use BeautyLab's peptide tan, which stimulates your natural colour.'

Lesley Reynolds Khan is the director of www.harleystreetskin.co.uk and her new book, *Look Younger For Longer* (Rodale, £12.99) is out now.

Words: Emma Robertson. Photos: Alpha, Barcroft Media, Featureflash, Getty, PA Photos, Rex